



UNITED LISBON
INTERNATIONAL SCHOOL

ULIS ACADEMY - ACTIVITIES

2023-2024



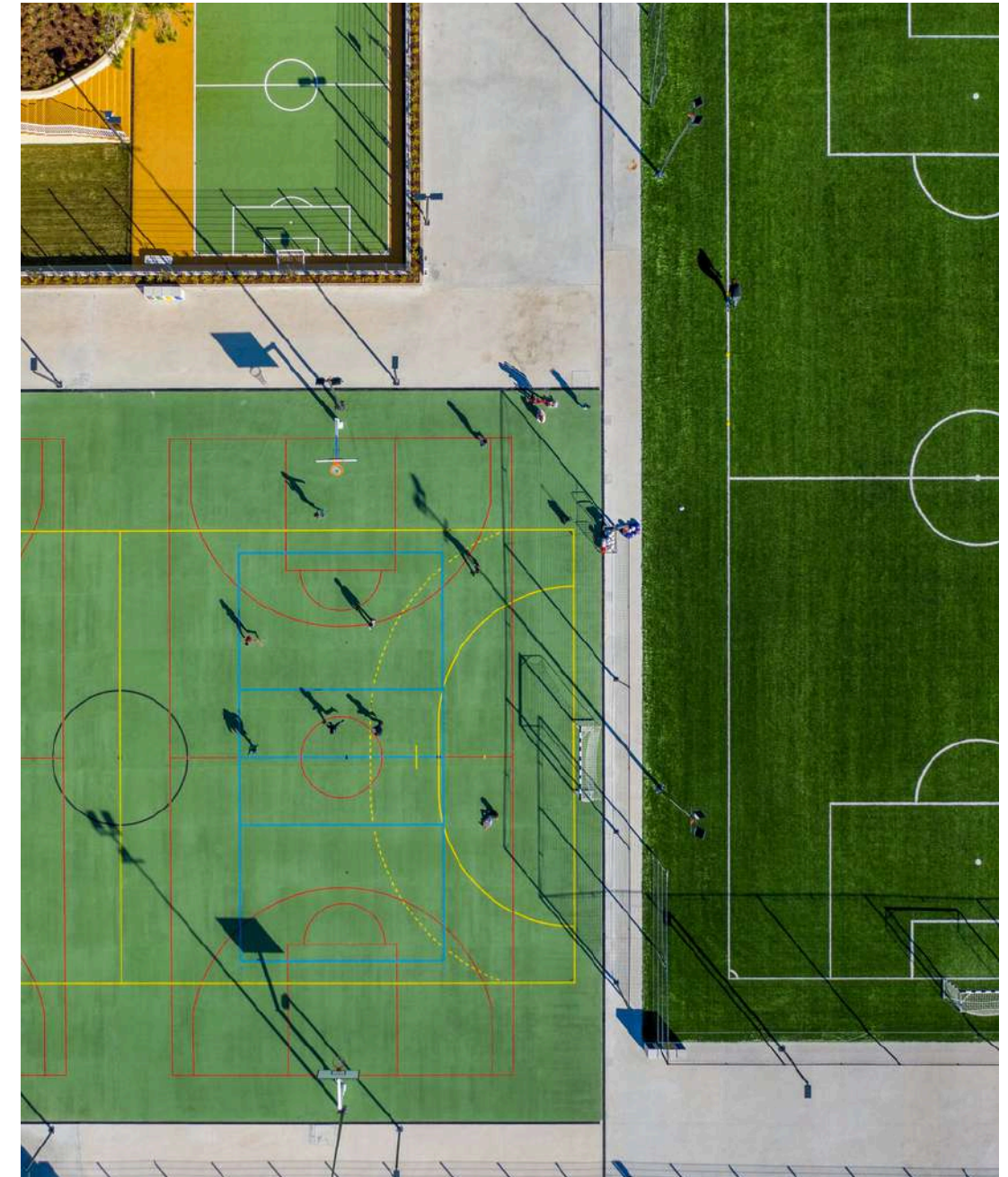
UNITED LISBON INTERNATIONAL SCHOOL

ULIS ACADEMY - SCHEDULE 2023-2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> ● Rollerskating K4 to Grade 12 🕒 15:45 - 16:30 ● STAT Martial Arts Grade 1 to Grade 5 🕒 15:45 - 16:30 ● Creative Dance K3 to Kindergarten 🕒 15:45 - 16:30 ● Pop Dance Grade 1 to Grade 4 🕒 16:45 - 17:30 ● The Inventors Grade 1 to Grade 5 🕒 15:45 - 16:30 ● French Intermediate Grade 1 to Grade 12 🕒 16:40 - 17:30 ● French Beginners Grade 1 to Grade 12 🕒 15:40 - 16:30 ● Spanish Beginners Grade 1 to Grade 12 🕒 15:40 - 16:30 ● Soccer Academy K4 to Kindergarten 🕒 15:45 - 16:30 ● Grade 6 to Grade 7 🕒 15:45 - 16:30 ● Grade 8 to Grade 9 🕒 16:45 - 17:30 	<ul style="list-style-type: none"> ● Acrobatic Gymnastics Kindergarten to Grade 1 🕒 15:45 - 16:30 ● Grade 2 to Grade 4 🕒 16:45 - 17:30 ● Soccer Academy Grade 1 to Grade 3 🕒 15:45 - 16:30 ● Grade 4 to Grade 5 🕒 16:45 - 17:30 ● Pop Dance Grade 5 to Grade 7 🕒 15:45 - 16:30 ● Hip Hop Grade 8 to Grade 12 🕒 16:45 - 17:30 ● Tennis Grade 1 to Grade 12 🕒 15:45 - 17:15 	<ul style="list-style-type: none"> ● Martial Arts K3 to Kindergarten 🕒 15:45 - 16:30 ● Grade 6 to Grade 12 🕒 16:45 - 17:30 ● Soccer Academy - Goal Keeper Training Grade 2 to Grade 5 🕒 15:45 - 16:30 ● Grade 6 to Grade 9 🕒 16:45 - 17:30 ● Ballet Grade 1 to Grade 4 🕒 15:45 - 16:30 ● Hip Hop Grade 1 to Grade 4 🕒 16:45 - 17:30 ● Fashion Design and Production Grade 6 to Grade 12 🕒 15:45 - 17:15 ● Fencing Grade 1 to Grade 5 🕒 15:45 - 16:15 ● Grade 6 to Grade 12 🕒 16:45 - 17:30 ● Venture Tracks Grade 9 to Grade 10 🕒 15:45 - 17:30 ● Happy Code K3 to Grade 5 🕒 15:45 - 17:30 	<ul style="list-style-type: none"> ● Acrobatic Gymnastics K3 to K4 🕒 15:45 - 16:30 ● Pop Dance Grade 8 to Grade 12 🕒 16:45 - 17:30 ● Hip Hop Grade 5 to Grade 7 🕒 15:45 - 16:30 ● Tennis Grade 1 to Grade 12 🕒 15:45 - 17:15 ● Inventors Kindergarten 🕒 15:45 - 16:30 ● Grade 1 to Grade 5 🕒 16:45 - 17:30 ● Soccer Academy K4 to Kindergarten 🕒 15:45 - 16:30 ● Grade 6 to Grade 7 🕒 15:45 - 16:30 ● Grade 8 to Grade 9 🕒 16:45 - 17:30 	<ul style="list-style-type: none"> ● Swimming Grade 1 to Grade 12 🕒 15:45 - 17:15 ● Martial Arts Grade 1 to Grade 5 🕒 15:45 - 16:30 ● Grade 6 to Grade 12 🕒 16:45 - 17:30 ● French Intermediate Grade 1 to Grade 12 🕒 16:40 - 17:30 ● French Beginners Grade 1 to Grade 12 🕒 15:40 - 16:30 ● Spanish Beginners Grade 1 to Grade 12 🕒 15:45 - 17:15 ● Soccer Academy Grade 1 to Grade 3 🕒 15:45 - 16:30 ● Grade 4 to Grade 5 🕒 16:45 - 17:30 ● Trampoline Gymnastics Grade 1 to Grade 5 🕒 15:45 - 17:15

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THE UNITED LISBON ACADEMY

At **United Lisbon Academy**, we offer students access to training in a range of **extra-curricular** skills and fields of study that represent the best of what Lisbon has to offer – all in the Academy.

The choice of our partners was made in a careful way, where we take primacy over quality, because all of them are recognized nationally and internationally, so that our students can have a quality offer and be a complement to our school program.

Enrollment

To enroll in any of the classes offered, please complete and return the registration form for extracurricular activities.

- Enrollment in any of The Academy activities requires a minimum **commitment of one full semester**.
- Student's participation might be subject to a limited number of vacancies.
- The annual cost of the extracurricular activities is divided in 10 installments to be paid on a monthly basis during the academic year. The total cost of these activities covers the payment for the Academic period, considering school breaks and holidays. The private classes of Language courses are an exception to this rule.



HAPPY CODE

K3 TO GRADE 5

Happy Code is the largest and most important S.T.E.A.M. school for children and young people in Portugal - Science, Technology, Engineering, Arts, and Mathematics, and a pioneer in its approach to **Soft Tech Skills**.

DISCOVERY

Learn **Technical Programming Skills**. Start with content introduction, preparing students to develop real-life problem solutions, fostering idea generation and prototyping.

MISSION

Focus on problem-solving tied to United Nations **Sustainable Development Goals**, including health, education, equality, peace, poverty, and the environment.

BUILD

This phase focuses on **Creating** and **Showcasing Technological Projects** using student-built prototypes, promoting **Entrepreneurship**. The MVP, or Minimum Viable Product, is a key concept, emphasizing a simple product version to learn from mistakes and make rapid improvements.



happy
code

HAPPY CODE

PRICE
K3 TO GRADE 5

Wednesdays
15h45 - 16h30

60€/ month
+ Happy Code hub access
(40€)



happy
code

VENTURE TRACKS

YOUTH ENTREPRENEURSHIP

GRADES 9 AND 10

VENTURE TRACKS YOUTH ENTREPRENEURSHIP is a program for those who think they own their own business, doing what they love most, from an early age. A pioneering program at ULIS.

WHAT TO EXPECT FROM VENTURE TRACKS?

This is an exclusive program for ULIS and in it we will find Inspiration, action, a complete overview from identifying the opportunity, creating and validating solutions and ways to leverage the business.

Dreaming about your startup? This can be the starting point!

- Students will form startups and with multidisciplinary teams, they will live this experience, based on business ideas that the students themselves will develop.

Ready to go for an investment round?

- In the end, an INVESTOR DAY, like a "Shark tank show" at ULIS should bring investors and startups together.

Who knows, maybe we'll have a new Spotify born out of this group?



liquid[®]
entrepreneur

AN INSPIRING STORY

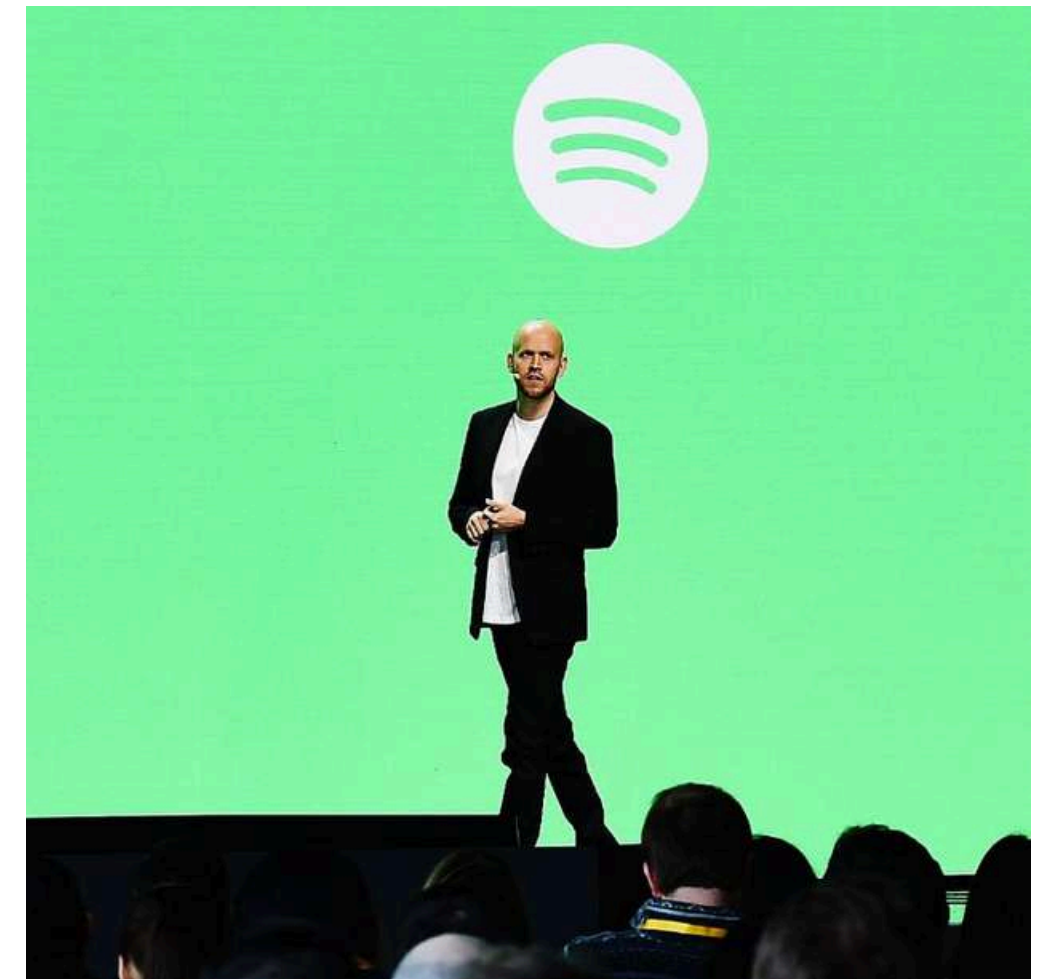
Daniel Ek set up his first company at age **16**. The "Swedish boy" united his passion, music, with his talent, entrepreneurship and, as it turned out, today his startup is not out of the ears of 9.9 out of 10 young people around the world.

His journey from a tech-savvy teenager to the visionary force behind a global music streaming phenomenon has ignited the aspirations of countless young minds.

Who knows, maybe we'll have a new Spotify born out of this group?

**PRICE
GRADES 9 AND 10**

150€/month



LEARN MORE

MUSIC AT THE ACADEMY

At the United Lisbon Academy your child will learn to listen to, enjoy and create music through **singing** and **playing a musical instrument**. Music at the Academy complements the curriculum.

Your child will develop the ability to listen to a musical work and recognize it in terms of its characteristics, styles and contexts. In individual and group classes, the students develop vocal and instrumental practice. In a more practical or theoretical context, the student also develops the ability to create and improvise.

Music is an essential language and form of expression that helps a child to become a well round person. Many studies prove that musical education fosters the development of auditory, affective and tactile memory, as well as logical reasoning, persistence and concentration, among many other cognitive aspects.

Classes

For students from the age of 5 years old and aim to teach how to play an instrument. (Students must have their own musical instrument to train at home and in the classroom. Only the piano and drums are available in the classroom).

The student can attend the Academy in the free teaching modality or in the complete program. By participating of the Individual Instrument, Musical Training and Ensemble classes, the student has a complete training that will be certified with an exam and a diploma by the Music Teachers Board.



KINDERGARTEN & GRADE 1	GRADE 2 TO GRADE 5	GRADE 6 TO GRADE 12	GRADE 2 TO GRADE 12
Individual Instrument Lesson	Individual Instrument Lesson	Individual Instrument Lesson	Musical Training
Musical instruments available: Violin, Viola, Cello, Piano, Classic Guitar, Clarinet and Trumpet	Musical instruments available: Violin, Viola, Cello, Piano, Classical Guitar, Electric Guitar, Bass, Saxophone, Drums, Side Flute, Voice, Clarinet and Trumpet	Musical instruments available: Violin, Viola, Cello, Piano, Classical Guitar, Electric Guitar, Bass, Saxophone, Drums, Side Flute, Voice, Clarinet and Trumpet	One lesson per week (45 minute) : 136€ per month
<p>One lesson per week (30 minute): 117€ per month</p> <p>Two lessons per week (30 minute): 226€ per month</p>	<p>One lesson per week (45 minute): 136€ per month</p> <p>Two lessons per week (45 minute): 264€ per month</p>	<p>One lesson per week (60 minute): 162€ per month</p> <p>Two lessons per week (60 minute): 314€ per month</p>	

KINDERGARTEN & GRADE 1	GRADE 2 TO GRADE 5	GRADE 6 TO GRADE 12
Ensemble Class	Ensemble Class	Ensemble Class
<p>One group lesson per week (45 minute): 44€ per month (Minimum of 4 students)</p> <p>Ensembles: strings, guitars, clarinet and trumpet</p>	<p>One group lesson per week (45 minute): 44€ per month (Minimum of 4 students)</p> <p>Ensembles: strings, guitars, clarinet and trumpet</p>	<p>One group lesson per week (45 minute): 44€ per month (Minimum of 4 students)</p> <p>Ensembles: strings, guitars, clarinet and trumpet</p>
KINDERGARTEN & GRADE 1	GRADE 2 TO GRADE 5	GRADE 6 TO GRADE 12
Full Music Programme	Full Music Programme	Full Music Programme
<p>Individual Instrument Lesson Ensemble Class MTB Certification*</p>	<p>Individual Instrument Lesson Ensemble Class Musical Training MTB Certification*</p>	<p>Individual Instrument Lesson Ensemble Class Musical Training MTB Certification*</p>

*This International Certification implies annual attendance of both classes and an exam at the end of the year that will be paid on the day of the exam.

FENCING AT THE ACADEMY

Fencing is an elegant modern sport practiced by people around the world since the Middle Ages. It is a physical and tactical challenge, a combat sport between two athletes using weapons called foil, epee, and saber. It is one of the fastest and most elegant Olympic sports. An opposition sport that strives for respect and cordiality towards the opponent. The manipulation of a fencing weapon gives the student great responsibility and self-control.

Fencing is an **innovative**, pedagogically rich sport that performs a cross-cutting and interdisciplinary work, contributing to **greater reaction speed**, more **flexibility**, development of general and specific **coordination** and **lateralization**.

Pedagogical Benefits:

- The face-to-face in a limited space, as well as the restricted visual field, favor the development of cognitive abilities concentration and attention
- Each planned or unforeseen situation leads to an adapted response, developing the analytical and decision-making skills
- Eye-hand coordination is developed by driving the blade tip in the direction of the valid surface, developing the accuracy
- The use of the mask allows the student to express himself/herself more freely, contributing to self-confidence
- The need to constantly control their actions and to frame the opponent's reactions force the student to control his emotions such as impulsivity, anger, abatement, and excessive enthusiasm, developing self-control
- The Ceremonial is the outward sign of a tactical commitment of respect for the adversary. At the end of the round after the salutation, the handshake recalls the "fair play" you express to your opponent, whether stronger or weaker, strengthening courtesy and loyalty.





GRADE 1 TO GRADE 5

(Material for plastic sword)

- Plastic mask
- Plastic sword
- Gloves

GRADE 6 TO GRADE 12

(Material for electric sword)

- Mask
- Electric Sword
- Gloves
- Body Wire
- Breast protection (girls only)
- High socks
- Half protection
- Fencing jacket
- Fencing pants

Fencing once a week (45 minute class) : 77€ per month **Fencing private class** (45 minute): 55€ per class.

*Please note that, minimum number of students per class is 4. Students must have their own training equipment.

Participation in the Academy is a 1 Semester commitment.

DANCE AT THE ACADEMY

JAZZY DANCE STUDIOS

Including some of the best and most experienced teachers, the **Jazzy Dance Studios** is collaborating with **United Lisbon International School**, creating a class program capable of working the creative, artistic, emotional and social aspects, through a plurality of styles designed for each age group:

- **From K3 to Kindergarten:** Creative Dance
- **From Grade 1 to Grade 4:** Hip Hop, Pop Dance and Ballet
- **From Grade 5 to Grade 12:** Hip Hop and Pop Dance

PRICES

1 Class per week – 55€

2 Classes per week – 94€

Minimum number of students per class is 4.



TENNIS & PADEL AT THE ACADEMY

Tennis is a healthy way of living. Help improving concentration and physical characteristics. It helps to encounter challenges and overcome them. Learning, fun and discipline is where our tennis team focus on.

Lisboa Racket Centre :

At Lisboa Racket Centre, you will find an amazing outdoor space and safe for the whole family, surrounded by nature. With over 20 years of experience in racket sports, we are the paddle tennis pioneers in Portugal.

With a padel school with over 10 years of experience, with international experience, and teachers that are part of the national team and tournament winners, our team adapts to players needs by helping on improving their skills, technique and win their games.



Our teaching partners:

A young team, energetic and ready to make you try your best, turning you into the best tennis player possible. Rodrigo Freitas, Antonio Rosinha, José Campos, Bruno Pedrosa e Eduardo Lameiras are our tennis teachers. All of them share characteristics that we are proud of. They started to play tennis at ages of 3 to 5, and competed in the national circuit with top rankings, and internationally reached ATP (Association of Professional Tennis Players) points.



TENNIS - PRICE

From Grade 1
Group class - 165€ (2x per week)

Minimum number of students per class is 4.

PADEL TENNIS - PRICE

From Grade 1
165€ (2x per week)

Minimum number of students per class is 4.

PRIVATE CLASSES PRICES

Private Class: 375€ (2x per week)

THE UNITED LISBON SPEAKWELL ACADEMY

Speakwell, founded in 1995, is a language school, specializing in language teaching for adults, young people and children, developing adapted courses to each student or group. It is a certified school, an exam preparation center, and a Cambridge Learning Partner, which allows teachers to receive the best possible training in the field of foreign language teaching. Our teachers are native or bilingual, experienced and qualified, with the possibility of teaching a variety of languages.



Speakwell is based on the following ethical principles: Quality, Professionalism, Vitality, Enthusiasm, Dynamic Performance, Cooperation, Productivity.



Classes

Each student is unique, as such, Speakwell is flexible in its approach to language study and learning. We build tailored programs and develop our own materials when necessary, in line with the Common European Framework of Reference (SECRF). Our pedagogical practice is based on native or bilingual teacher interaction, with adequate training and experience in language teaching. We use an interactive teaching method and a communicative and practical approach, with interesting activities such as role play, discussions, games, use of audio and video to maximize student participation and facilitate language learning. Each student will have to take a non-binding assessment test, free of charge, before starting the course.

Learning a language is an asset, motivating and fun!

Language courses available in 2023/24 are **Spanish, French, German** and **Mandarin, Italian, Portuguese** courses in other languages pending upon request. All courses consist of two, fifty-minute weekly lessons, except for Mandarin which consists of three fifty-minute weekly lessons.

PRICE (FROM GRADE 1)

2x per week:
95€ per month

3x per week:
135€ per month

Private Class (50 minutes):
34,50€

Minimum number of students per class is 4.



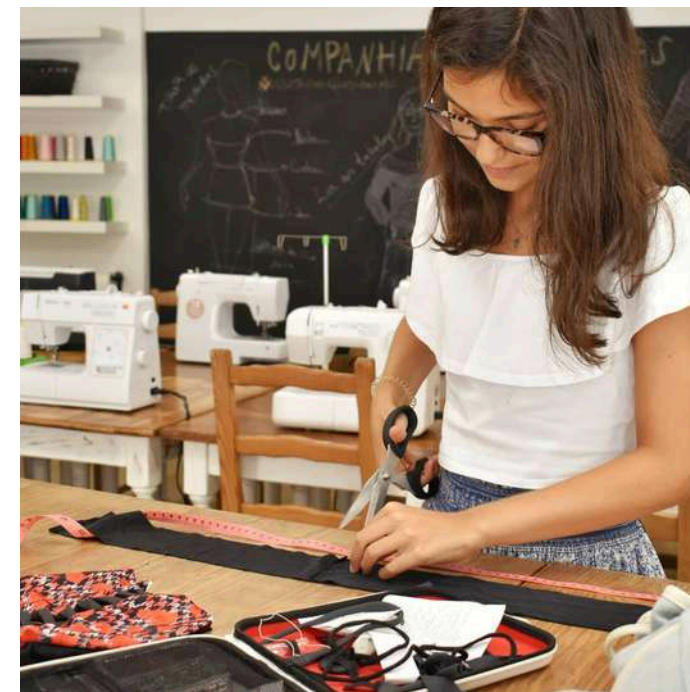
FASHION AT THE ACADEMY

Companhia das Agulhas was created in 2015 as a **sewing and knitting school**. In 2018, we saw our training activity certified by DGERT and, alongside the school, we opened a fabric, yarn and haberdashery shop. Currently, the school and store are located next to Praça de Espanha, in Lisbon. We have sewing, knitting, crochet, embroidery, macramé, weaving and felting classes, courses and workshops. We seek to bring the arts of yesterday to today, promoting a handcrafted lifestyle in harmony with the environment. Integrating children in these arts is one of our goals and for this, we created Sewing Holidays, where we have taught, during the last years, hundreds of children and teens, the various arts we have at school.

At Companhia das Agulhas, we believe that makers are happier and have a superpower that will never be lost.



ESCOLA DE COSTURA E MALHA



About the activity

Over the course of several classes, we'll learn the basics of sewing and get acquainted with the sewing machine. We will start by making simpler projects, such as accessories, so that each student gains confidence in using the sewing machine and that there is an immediate feeling of accomplishment. As that confidence builds up, we will increase the level of difficulty for each project by introducing new techniques such as macramé, embroidery, and knitting and crochet. The objective will be to provide participants with skills that allow them to make and customize clothes and accessories, working not only on creativity, but also on team spirit, promoting mutual help and training fine motor skills.



OWN BASIC SEWING KIT

Price: 45€/ per unit

Fabric scissors (for right-handers or left-handers, as appropriate)/ Edging scissors / Measuring tape/ Tailor's chalk/ Box of tailor's pins/ Hand sewing needle/ Hand embroidery needle/ Tape measure/Tie-dyed thread

PRICE (FROM GRADE 6)

**120€ per month
(1h30m once per week)**

Minimum number of students per class is 6 and the maximum is 12 students.

MARTIAL ARTS AT THE ACADEMY

STAT Martial arts was founded in 2008 by Pedro Tânger, who decided to follow his mission to “Empower people through martial arts”. Master Tânger realized that each class could serve not only to teach Martial Arts but also to develop core life-skills such as Attitude, Self-empowerment or Leadership skills. 15 years afterwards, STAT Martial Arts counts with more than 1300 students, 5 academies and has trained European and World champions in Songahm Taekwondo.

About the Sport

Discipline, Self-Esteem and Confidence are only a few of the skills thought through this road to Black Belt. The purpose is to empower students so they become mentally, physically and emotionally stronger. So, by improving the Songahm Taekwondo techniques, we expect to help our students to improve their grades, their attitude and self-worth.



PRICE

K3 - Kindergarten:

(1 per week)
66€ per month

Grade 1 - Grade 12:

(2 per week)
100€ per month

Kit (pants, t-shirt and belt):
35€

Minimum group required 8 students.

Include activities:

Mega exam - January.
Mega exam II - June/July.

ACROBATIC GYMNASTICS

Associação Desportiva Parque das Nações - ADCPN was founded in 2017. Since its Foundation it has won several titles in acrobatic gymnastics, at all levels of competition. From which stand out several titles of national Champions, having this course culminated with the conquest of four medals in the European championship, in September 2021 in Italy.

About the activity

Gymnasts work in partnership, forming female, male or mixed pairs, female groups (3 gymnasts) and male groups (4 gymnasts). They perform Balance exercises (static elements of strength hand flexibility) Dynamic exercises (jumps, pirouettes, flips) and Combined (balance and dynamic elements) always choreographed with musical accompaniment. The result is an harmonious combination of difficulty, technical and artistic execution that amazes judges and the audience.

Training Acrobatic Gymnastics requires discipline, confidence, teamwork, coordination and body language.

The classes from the age of 3 follow a philosophy of Fun, Physical Fitness, Fundamentals, Friendship. They consist of games and challenges, development of physical skills, patterns of gymnastics movement and beginning of group work, taking alternate positions of Top and Base.



**PRICE - FROM K3 TO
GRADE 4**

One per week:
58€ per month
Minimum of 4 students.

THE INVENTORS

The Inventors is a Portuguese company dedicated to the development of activities in the areas of Engineering, Arts and Creativity. It has already collaborated with more than 200 schools in Portugal and the United Kingdom and has more than 2700 students per week in its extracurricular classes.

The Inventors methodology, based on hands-on projects, motivates children to learn and promotes interest in topics that seem complex and intangible to them.

**PRICE - FROM
KINDERGARTEN TO
GRADE 5**

Once a week: 58€

**Kit The Inventors: 60 € (fee
per semester)**

Minimum of 4 students



SPORTING TRAMPOLINE ACROBATICS

Trampoline gymnastics, often referred to as "trampolining," is a dynamic and acrobatic sport that combines athleticism, precision, and creativity on a specialized trampoline.

Participants, known as trampolinists, perform a variety of aerial maneuvers, including flips, twists, and somersaults. Trampoline gymnastics classes typically take place in well-equipped facilities with high-quality trampolines and are led by experienced instructors.



**PRICE - FROM GRADE 1
TO GRADE 5**

One per week - 165€

Minimum group required 6
students.



SPORTING SWIMMING AT THE ACADEMY

The swimming section of **SportingClube de Portugal** was created in May 1921. The first decades of swimming were also a reflection of the state of the sport in our country, still in the process of development.

The teachers will be: Vítor Joaquim Celestino Aldeias, swimming teacher at Sporting since 2006 and with a vast experience in teaching swimming to children. Andreia Catarina Silva Martins, Sporting swimming teacher since 2005, with a vast experience in teaching swimming to children.



Classes

In Swimming, children learn through observation and socialization to develop autonomy in water. The stimuli received in lessons contribute to a good physical, mental and emotional development, preparing children for a more complex cognitive reasoning.

At United Lisbon International School's swimming will be carried out according to a model of "Recreational Play". This is an adjustable and versatile method in which adaptation to the aquatic environment (for beginners) and elementary learning is developed in a playful and recreational perspective, working very well for small or medium sized groups.

**PRICE - FROM GRADE 1
TO GRADE 12**

One per week - 165€

Minimum group required 6
students.



SPORTING CP ROLLER SKATING

Sporting C. P.'s skating section is one of the most historic, with more national and international titles. Among Sporting's team in this modality is Ms. Mariana Mateus who comes to ULIS to teach our students to roller skate.

At the age of 4 Ms. Mateus started practicing Artistic Skating, then quickly moved to a competitive context and later to the high-competition National Team. Besides the international participations, she was eight times national champion and ten times district champion.



About the Sport

Roller Skating has as its main benefits the increase of resistance and muscular strength, the development of agility, balance, reaction capacity and motor coordination. In addition to these physical benefits, roller skating strengthens the self-esteem and self-confidence of children and young people, with the first approaches, the acquisition of static and dynamic balance and the correct placement of supports.

Roller Skating also favours the development of skills that can prepare children and young people for mastering other disciplines such as snow skiing, water skiing, windsurfing and others where balance is present.

**PRICE - FROM K4 TO
GRADE 12**

One per week - 98€

Minimum group required 6
students.

Required materials:
rollerblades and protections



SPORTING CP SOCCER ACADEMY

The creation of the **ULIS Sporting CP Soccer Academy** came from a partnership between **Sporting Clube de Portugal** and **United Lisbon International School**, and its main objective is to provide all children with a **high-quality sports training** through the practice of football, as well as contributing to their training in all its aspects, developing healthy lifestyle habits and a taste for regular sports. The academy is open to **boys and girls** aged between **4 and 15 years**.

The academy's technical team has adequate training and the professional experience considered necessary to exercise their functions in the sports training of children and young practitioners.

The training sessions are based on and evaluated according to the methodological guidelines defined by Sporting Clube de Portugal. In this way, the methodology of training and teaching football implemented allows children and young practitioners to develop continuously and progressively their technical-tactical, physical, psychological and social skills and competences.



Our Coordinator partner Francisco Vieira

Francisco Vieira is our Coordinator of the Soccer Coaches at the Sporting CP Soccer Academy. With a Masters in High Performance Training with specialization in Soccer, Francisco's past professional experiences started in rugby as professional player and youth coach and later moving on to soccer with FC Barça Academy as a youth coach once again. He then experienced the Saudi Premier league as a Fitness coach across 2 different seasons with 2 different professional teams. To obtain his UEFA B coaching license, he performed the role of Assistant coach with a Northern Portuguese team that competed in the U19 national championship.

Being a level II Sporting CP Certified coach, he applies the methodology that gave us 2 FIFA World Player of the year directly into our Academy!



PRE-K4 TO KINDERGARDEN

1 Lesson per week:

Minimum of 6 students
Curricular program
of SportingCP Soccer

**Monthly Price at ULIS
campus: 55€**

GRADE 1 TO GRADE 9

2 Lesson per week:

Minimum of 6 students
Curricular program
of SportingCP Soccer

**Monthly Price at ULIS
campus: 77€**

GOALKEEPER TRAINING GRADE 2 TO GRADE 9

1 Lessons per week:

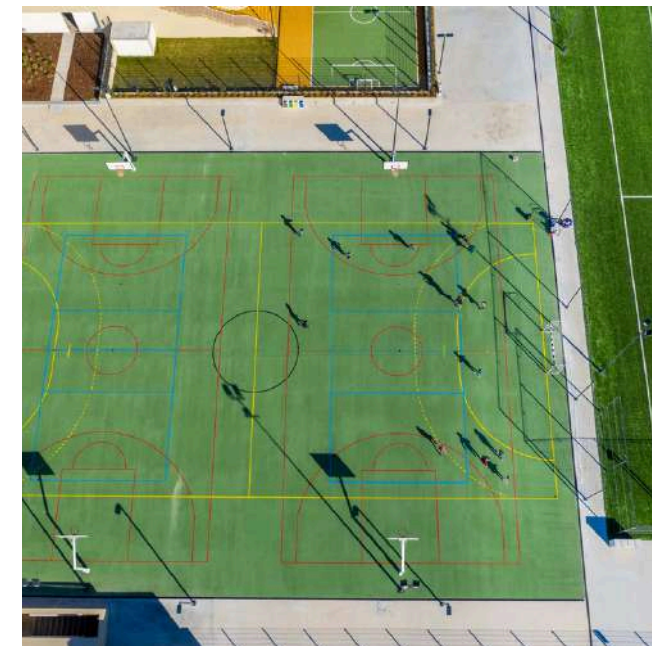
Minimum of 3 students
Curricular program of
Sporting CP Soccer
Academy ULIS

**Monthly Price at ULIS
campus: 45€**

REGISTRATION FEE

83€

Kit Included
(jersey, shorts & socks)





UNITED LISBON
INTERNATIONAL SCHOOL
ULIS ACADEMY

2023-2024

For questions, please contact our school office:
school.office@unitedlisbon.school